

11 年 齡 別 平 均 胸 囲

1 男

年 齢	5 歳	6	7	8	9	10	11	12
年 度								
昭和 23	55.0	56.1	57.9	59.5	61.3	62.9	64.6	66.9
24	55.2	56.3	58.2	60.0	61.7	63.4	65.1	67.0
25	55.4	56.3	58.2	60.0	61.8	63.4	65.2	67.0
26	55.3	56.3	58.2	60.1	61.9	63.6	65.3	67.3
27	—	56.4	58.3	60.1	61.8	63.6	65.6	67.6
28	—	56.2	58.3	60.2	61.9	63.8	65.7	67.9
29	55.1	56.2	58.1	60.1	62.0	63.8	65.7	67.8
30	55.1	56.2	58.2	60.1	61.8	63.9	65.8	68.2
31	55.1	56.3	58.1	60.1	61.9	64.0	66.0	68.3
32	55.0	56.3	58.2	60.1	62.0	63.8	66.0	68.5
33	55.2	56.4	58.3	60.2	62.0	64.0	65.9	68.3
34	55.2	56.4	58.2	60.1	62.0	63.9	65.9	68.4
35	55.2	56.4	58.3	60.2	62.1	64.0	66.0	68.6
36	55.3	56.5	58.3	60.3	62.2	64.1	66.3	68.8
37	55.3	56.5	58.4	60.3	62.3	64.2	66.4	69.0
38	55.6	56.6	58.5	60.5	62.4	64.5	66.6	69.2
39	55.4	56.7	58.6	60.6	62.6	64.6	66.9	69.4
40	55.6	56.8	58.8	60.8	62.8	64.9	67.1	69.9
41	55.7	56.9	58.9	60.8	63.0	65.1	67.4	70.1
42	55.8	56.9	58.8	61.0	63.1	65.4	67.6	70.3
43	55.8	57.0	59.0	61.1	63.2	65.5	67.9	70.6
44	55.8	57.0	59.1	61.2	63.4	65.6	68.0	70.8
45	55.8	57.2	59.2	61.4	63.6	65.8	68.2	71.2
46	55.9	57.2	59.0	61.5	63.7	66.0	68.4	71.4
47	56.0	57.4	59.5	61.6	63.8	66.2	68.8	71.5

2 女

年 齢	5 歳	6	7	8	9	10	11	12
年 度								
昭和 23	53.8	54.6	56.2	57.8	59.5	61.3	63.4	66.6
24	54.0	54.7	56.4	58.0	59.6	61.5	63.7	66.7
25	53.9	54.7	56.4	58.0	59.7	61.5	63.8	66.8
26	53.6	54.7	56.3	58.2	59.9	61.7	64.2	67.3
27	—	54.8	56.6	58.3	60.2	62.1	64.5	67.6
28	—	54.7	56.5	58.4	60.2	62.1	64.7	68.1
29	53.6	54.6	56.3	58.3	60.2	62.3	64.9	68.3
30	53.5	54.6	56.4	58.2	60.2	62.5	65.2	68.9
31	53.7	54.7	56.4	58.3	60.4	62.7	65.6	69.2
32	53.6	54.7	56.5	58.3	60.2	62.5	65.8	69.5
33	53.7	54.8	56.6	58.4	60.4	62.7	65.7	69.8
34	53.7	54.8	56.5	58.4	60.4	62.9	66.0	69.7
35	53.8	54.9	56.7	58.5	60.6	63.1	66.3	70.1
36	53.8	54.9	56.6	58.6	60.6	63.1	66.5	70.4
37	53.8	54.9	56.6	58.6	60.7	63.2	66.6	70.4
38	54.2	55.0	56.8	58.7	60.8	63.4	66.7	70.8
39	53.9	55.1	56.9	58.8	61.0	63.6	67.1	71.1
40	54.2	55.3	57.0	59.1	61.2	63.9	67.4	71.5
41	54.3	55.3	57.2	59.2	61.5	64.1	67.7	71.8
42	54.3	55.4	57.3	59.3	61.5	64.4	67.9	72.1
43	54.3	55.4	57.3	59.5	61.8	64.6	68.2	72.5
44	54.4	55.7	57.5	59.7	62.0	64.9	68.5	72.8
45	54.5	55.7	57.6	59.8	62.0	65.1	69.0	73.0
46	54.6	55.7	57.5	59.9	62.3	65.1	69.2	73.3
47	54.6	56.0	57.9	60.2	62.6	65.7	69.5	73.7

の 推 移 (昭和23年度~昭和47年度)

(cm)

13	14	15	16	17	18	19	20	21
69.1	72.4	75.4	78.8	80.9	82.2	83.0	83.5	83.8
69.4	72.7	76.3	79.1	81.3	82.4	83.2	83.5	83.6
69.5	72.8	76.3	79.5	81.5	82.6	83.1	83.5	83.7
70.0	73.4	77.7	80.3	82.2	82.7	83.2	83.6	83.7
70.0	73.8	77.3	80.1	82.2	82.8	83.1	83.4	83.7
70.6	74.2	78.2	80.6	82.4	82.7	83.1	83.5	83.8
70.9	74.4	78.3	80.9	82.6	82.8	83.3	83.6	83.9
71.3	75.0	78.8	81.3	83.0	83.1	83.5	83.8	84.0
71.6	75.5	79.4	81.8	83.6	83.6	84.0	84.2	84.5
71.7	75.6	79.6	82.1	83.7	84.2	84.4	84.5	84.7
72.1	75.8	79.9	82.3	84.1	84.0	84.5	84.8	85.0
72.1	76.1	79.8	82.5	84.0	84.5	84.7	85.0	85.2
72.0	76.3	80.2	82.5	84.2	84.6	84.9	85.2	85.4
72.3	76.3	80.3	82.7	84.4	84.8	85.1	85.5	85.7
72.5	76.7	80.4	83.0	84.7	85.1	85.4	85.7	86.0
72.9	77.0	80.6	83.1	84.8	85.4	85.7	86.1	86.3
73.3	77.2	80.9	83.4	85.2	85.6	86.0	86.3	86.6
73.6	77.7	81.4	83.7	85.4	85.7	86.4	86.6	86.8
73.9	77.9	81.5	83.9	85.4	85.9	86.6	87.0	87.2
74.1	78.2	81.6	84.0	85.6	86.3	86.8	87.2	87.4
74.4	78.4	81.7	83.8	85.5	86.2	86.6	87.0	87.3
74.6	78.7	81.9	84.1	85.6	86.4	86.8	87.2	87.5
75.0	79.0	81.6	84.4	85.9	86.3	86.7	87.2	87.4
75.1	79.2	82.4	84.5	85.9	86.5	87.0	87.2	87.4
75.2	79.3	82.3	84.4	86.1	—	—	—	—

(cm)

13	14	15	16	17	18	19	20	21
69.5	72.9	75.7	78.2	79.7	80.7	81.1	81.2	81.4
69.9	73.3	76.3	78.5	79.7	80.7	81.3	81.6	81.5
70.3	73.6	76.4	78.6	79.8	80.4	81.1	81.4	81.2
71.0	74.2	77.1	78.8	79.8	80.0	80.6	80.9	81.4
71.1	74.5	77.3	78.8	80.0	80.5	80.9	80.9	80.7
71.6	74.9	77.4	79.1	80.1	80.0	80.5	80.7	80.6
71.8	75.1	77.6	79.1	80.2	80.0	80.5	80.7	80.6
72.5	75.6	77.9	79.6	80.5	80.2	80.7	80.7	80.9
72.9	76.0	78.2	79.7	80.6	80.2	80.8	80.7	80.7
73.1	76.1	78.3	79.8	80.7	80.5	80.9	81.0	80.8
73.5	76.2	78.4	79.9	80.7	80.3	80.9	80.7	80.8
73.7	76.7	78.6	80.0	80.8	80.4	80.9	80.9	80.8
73.6	76.7	78.9	80.2	80.9	80.3	80.9	80.7	80.8
74.0	76.8	78.9	80.3	81.0	80.5	81.0	80.9	80.9
74.2	76.9	79.0	80.5	81.2	80.5	81.0	80.9	80.8
74.4	77.1	79.1	80.5	81.1	80.7	81.1	81.0	80.8
74.7	77.3	79.2	80.6	81.3	80.8	81.5	81.3	81.1
75.0	77.5	79.6	80.8	81.6	81.0	81.6	81.6	81.2
75.2	77.8	79.6	80.8	81.5	81.1	81.7	81.5	81.3
75.6	78.0	79.8	81.0	81.6	81.4	82.0	81.9	81.6
75.7	78.3	80.0	81.1	81.7	81.1	81.6	81.1	81.0
76.1	78.6	80.2	81.2	81.7	81.2	81.7	81.6	81.5
76.3	78.8	80.4	81.2	81.8	81.2	81.7	81.7	81.6
76.7	78.9	80.4	81.1	81.7	—	—	—	—
76.9	79.1	80.6	81.4	81.8	—	—	—	—