

9 年 齡 別 平 均 身 長

1 男

年 齢 年 度	5 歳	6	7	8	9	10	11	12
昭和 28	103.7	108.1	112.8	117.4	121.9	126.1	130.4	135.0
24	104.2	108.6	113.5	118.1	122.4	126.6	130.6	135.6
25	104.4	108.6	113.6	118.4	122.9	127.1	131.1	136.0
26	105.0	109.1	114.1	118.9	123.4	127.7	131.8	136.2
27	—	109.3	114.2	119.2	123.9	128.3	132.5	137.4
28	—	109.5	114.8	119.7	124.2	128.7	133.1	137.9
29	105.7	110.0	115.1	120.1	124.7	129.1	133.6	138.5
30	106.0	110.3	115.6	120.3	125.1	129.6	133.9	139.2
31	106.2	110.6	115.8	120.8	125.4	130.0	134.5	139.5
32	106.4	110.7	116.0	121.0	125.8	130.1	135.0	140.2
33	106.9	110.9	116.2	121.4	126.1	130.7	135.1	140.8
34	107.0	111.3	116.6	121.6	126.5	131.2	135.9	141.0
35	107.4	111.7	117.0	121.9	126.8	131.6	136.2	141.9
36	107.6	112.0	117.3	122.4	127.2	131.9	136.8	142.3
37	107.9	112.4	117.7	122.9	127.6	132.2	137.1	142.9
38	108.1	112.6	118.0	123.2	128.0	132.7	137.5	143.4
39	108.5	113.2	118.5	123.6	128.5	133.2	138.2	144.1
40	108.7	113.3	118.8	124.0	128.8	133.6	138.5	144.7
41	108.8	113.6	119.1	124.3	129.1	134.0	139.0	145.2
42	108.9	113.8	119.3	124.5	129.6	134.3	139.5	145.7
43	109.0	114.1	119.5	124.7	129.7	134.5	139.7	146.2
44	109.2	114.2	119.8	125.1	130.0	134.9	140.0	146.5
45	109.6	114.5	120.2	125.5	130.4	135.3	140.5	147.1
46	110.1	114.8	120.1	125.5	130.6	135.5	140.8	147.3
47	109.5	115.2	120.5	125.9	130.9	135.8	141.1	147.8

2 女

年 齢 年 度	5 歳	6	7	8	9	10	11	12
昭和 28	102.5	107.3	111.9	116.4	121.1	125.7	130.8	136.1
24	103.5	107.7	112.7	117.3	121.8	126.2	131.0	136.8
25	104.5	107.8	112.8	117.6	122.1	126.6	131.7	137.3
26	104.4	108.8	113.0	118.0	122.7	127.3	132.4	138.2
27	—	108.6	113.6	118.3	123.3	128.0	133.1	138.4
28	—	108.6	114.0	118.8	123.5	128.3	133.6	139.4
29	104.8	109.1	114.1	119.2	124.0	128.9	134.5	140.2
30	104.9	109.3	114.6	119.4	124.5	129.5	134.9	141.0
31	105.1	109.6	114.7	119.9	124.7	130.1	135.8	141.6
32	105.3	109.7	115.0	120.1	125.2	130.2	136.3	142.2
33	105.5	109.9	115.2	120.4	125.5	131.0	136.6	142.8
34	105.8	110.3	115.6	120.8	126.0	131.5	137.6	143.1
35	106.2	110.6	115.9	121.1	126.3	132.0	138.1	144.0
36	106.5	111.0	116.3	121.5	126.7	132.4	138.6	144.3
37	106.7	111.4	116.6	121.8	127.1	132.6	138.9	144.9
38	107.0	111.6	117.0	122.2	127.4	133.3	139.3	145.4
39	107.4	112.2	117.6	122.7	128.0	133.5	140.0	146.1
40	107.7	112.5	117.8	123.0	128.4	134.1	140.4	146.3
41	107.7	112.7	118.1	123.4	128.8	134.6	141.0	146.8
42	107.9	112.9	118.3	123.7	129.1	135.0	141.4	147.2
43	108.1	113.1	118.6	123.9	129.3	135.3	141.7	147.6
44	108.2	113.4	119.0	124.2	129.7	135.7	142.1	148.0
45	108.5	113.6	119.3	124.6	130.1	136.2	142.9	148.4
46	108.9	113.7	119.3	124.7	130.3	136.4	143.2	148.5
47	108.7	114.3	119.7	125.2	130.6	136.8	143.2	149.0

の 推 移 (昭和23年度～昭和47年度)

(cm)

18	14	15	16	17	18	19	20	21
139.8	146.0	152.7	157.9	160.6	162.1	163.0	163.7	164.3
140.7	146.7	154.2	158.7	161.2	162.3	163.1	163.5	163.8
141.2	147.3	154.8	159.3	161.8	162.6	163.3	163.7	163.7
142.2	148.4	156.1	159.8	162.2	163.8	164.4	164.7	164.8
142.9	148.8	156.8	160.3	162.6	163.0	163.9	164.7	164.9
143.5	149.9	157.6	160.9	162.9	164.5	164.6	164.9	165.0
144.4	150.6	158.1	161.3	163.2	164.9	165.3	165.2	165.3
145.3	151.7	158.5	161.6	163.4	165.0	165.4	165.5	165.6
145.8	152.3	159.2	162.0	163.7	165.3	165.5	165.7	165.9
146.3	153.0	159.8	162.4	163.9	165.5	165.7	165.9	165.9
147.1	153.6	160.3	162.9	164.3	165.6	165.8	166.0	166.1
147.9	154.3	160.6	163.2	164.5	165.8	166.0	166.2	166.3
148.1	155.1	161.2	163.6	165.0	166.0	166.4	166.4	166.5
149.2	155.5	161.8	164.0	165.2	166.5	166.7	166.7	166.7
149.8	156.4	162.2	164.5	165.6	166.7	166.9	167.0	167.0
150.7	157.1	162.8	164.8	165.9	166.9	167.0	167.1	167.2
151.2	157.7	163.2	165.5	166.4	167.3	167.2	167.2	167.4
151.7	158.3	163.6	165.7	166.8	167.8	167.6	167.5	166.9
152.4	158.7	163.8	165.9	167.0	168.0	168.1	167.8	167.7
152.8	159.2	164.1	166.2	167.2	168.0	168.2	168.2	167.8
153.4	159.7	164.3	166.3	167.3	168.4	168.5	168.5	168.4
153.6	160.0	164.7	166.7	167.6	168.3	168.3	168.5	168.7
154.0	160.5	164.3	166.6	167.8	168.6	168.7	168.8	168.7
154.4	160.9	165.1	167.3	168.3	168.8	169.2	169.0	169.1
154.9	161.2	165.5	167.4	168.3	—	—	—	—

18	14	15	16	17	18	19	20	21
141.1	145.6	149.1	151.3	152.1	152.8	153.4	154.0	153.7
141.8	146.0	149.8	151.5	152.3	152.8	153.2	153.6	153.7
142.5	146.6	150.2	151.8	152.7	152.7	153.4	153.7	153.3
143.3	147.3	151.0	151.9	152.5	153.2	153.6	153.8	153.9
143.8	147.7	151.0	152.1	152.8	152.9	153.4	153.7	154.0
144.2	148.0	151.3	152.3	153.0	153.8	153.8	153.8	153.9
145.0	148.3	151.5	152.4	153.0	154.0	154.1	154.1	154.2
145.7	148.9	151.7	152.6	153.2	154.2	154.3	154.3	154.3
146.1	149.3	151.9	152.7	153.2	154.3	154.4	154.5	154.6
146.6	149.6	152.1	152.8	153.3	154.4	154.6	154.6	154.6
147.1	149.9	152.3	153.1	153.5	154.4	154.6	154.6	154.6
147.6	150.3	152.6	153.3	153.6	154.6	154.7	154.6	154.8
148.1	150.7	152.7	153.3	153.7	154.7	154.8	154.7	154.7
148.8	151.1	153.0	153.5	154.0	154.7	155.0	154.9	154.9
149.0	151.6	153.3	153.7	154.0	154.8	155.0	154.9	155.1
149.5	151.8	153.9	154.2	154.4	155.2	155.2	155.0	155.3
149.9	152.3	153.9	154.4	154.7	155.3	155.4	155.3	155.3
150.3	152.5	154.0	154.6	154.8	155.6	155.6	155.4	155.4
150.7	152.8	154.3	154.7	155.0	155.7	155.8	155.5	155.5
151.0	153.1	154.5	155.0	155.2	155.9	156.0	155.9	155.7
151.4	153.4	154.7	155.1	155.3	156.1	156.2	156.3	156.2
151.7	153.7	154.8	155.2	155.4	156.0	156.1	156.2	156.5
152.1	154.2	155.1	155.4	155.6	156.6	156.6	156.5	156.5
152.4	154.2	155.4	155.9	156.0	156.6	156.7	156.8	156.7
152.6	154.5	155.3	155.6	155.8	—	—	—	—